Keys to Successful Hearing Protection with Earmuffs

Selection
Avoid overprotection in minimal noise environments – in selecting the best earmuff for your situation, consider noise levels and your need to communicate with co-workers or hear warning signals on the job.

Wear
Read and follow all earmuff fitting instructions. Remove all hair underneath ear cushions.

Hygiene
Clean earcups and ear cushions regularly with mild soap and water.

Maintenance
Regularly inspect earcups and ear cushions for cracks and leaks – discard if earcups are visibly damaged or compromised.

Replacement
Replace ear cushions and foam inserts every 6-8 months under normal wear, every 3-4 months with heavy use or in humid/extreme climates.

Get the most out of your earmuffs

Headband
Thunder® T3

1. Place earcups over each ear.
2. Adjust the headband by sliding the headband up or down.

Neckband
Leightning® L1N

1. Place earcups over each ear.
2. Adjust the length of the headband strap between the earcups so the earmuff fits well on top of the head.

Folding
Leightning® L2F

1. Fold out the earcups as shown.
2. Adjust the headband by sliding the headband up or down.

Multiple Position
Viking® V2

1. Place earcups over each ear.
2. Multiple-Position earmuffs can be worn either over-the-head, behind-the-head or under-the-chin.
3. Place earcups over each ear.
4. Adjust the headband by sliding the headband up or down.

Cap-Mounted
Clarity® C8H

1. Attach adapters to each side of the hard hat by sliding them into the slots.
2. Attach each earmuff into its adapter by sliding the earmuff housing down into the adapter.
3. Place the hard hat on the head and adjust the earmuffs by sliding the cups up and down.
4. Ensure that the earmuff is firmly attached by lifting the arm up and down.

Avoid Obstructions
Do not allow hair to obstruct the ear or the earmuff’s secure fit in any way.

Firm Seal
Do seal the cushions firmly against the head.

Cover Ear Completely
The earcups should never fit crooked or askew over the ear.

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