**Keys to Successful Hearing Protection with Earmuffs**

**Selection**  
Avoid overprotection in minimal noise environments – in selecting the best earmuff for your situation, consider noise levels and your need to communicate with co-workers or hear warning signals on the job.

**Wear**  
Read and follow all earmuff fitting instructions. Remove all hair underneath ear cushions.

**Hygiene**  
Clean ear cups and ear cushions regularly with mild soap and water.

**Maintenance**  
Regularly inspect ear cups and ear cushions for cracks and leaks – discard if ear cups are visibly damaged or compromised.

**Replacement**  
Replace ear cushions and foam inserts every 6-8 months under normal wear, every 3-4 months with heavy use or in humid/extreme climates.

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Get the most out of your earmuffs

- **Headband**  
  - Thunder® T
  - Place ear cups over each ear.
  - Adjust the headband by sliding the headband up or down.

- **Neckband**  
  - Leightning® L1N
  - Place ear cups over each ear.

- **Folding**  
  - Leightning® L2F
  - Fold out the ear cups as shown.

- **Multiple Position**  
  - Viking® V2
  - Place ear cups over each ear.
  - Adjust the headband by sliding the headband up or down.

- **Cap-Mounted**  
  - Clarity® C3H
  - Place ear cups over each ear.
  - Attach each earmuff into its adapter by sliding the earmuff housing down into the adapter.

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**DISCLAIMER:** If the above-mentioned recommendations are not followed, the protection and function afforded by the earmuffs may not be effective. Failure to use and maintain the hearing protector in accordance with the above recommendations may mean the wearer will not be able to hear warning signals including communication with other people in the surroundings. The sound level and the frequency content of the warning signals may not be perceived and/or understood by the wearer of this hearing protector. The user of the hearing protector has the responsibility to ensure that a proper selection, use, care and maintenance of this device is carried out. Improper selection (including under/over protection), use or maintenance may lead to serious hearing loss. If there are any questions concerning this product contact your safety supervisor or Honeywell Safety.

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**Earmuff Fitting Instructions**

- **Cap-Mounted**  
  - Clarity® C3H
  - Attach adapters to each side of the hard hat by sliding them into the slots.

- **Folding**  
  - Leightning® L2F
  - Fold out the ear cups as shown.

- **Multiple Position**  
  - Viking® V2
  - Place ear cups over each ear.

- **Neckband**  
  - Leightning® L1N
  - Place ear cups over each ear.

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